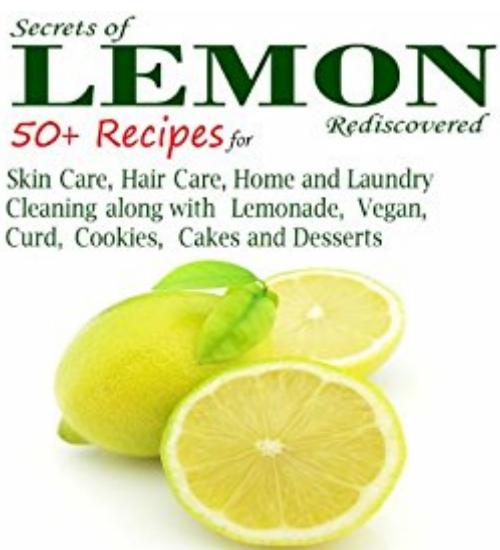


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# Lemon: 50 Plus Recipes For Skin Care, Hair Care, Home And Laundry Cleaning Along With Lemonade, Vegan, Curd, Cookies, Cakes And Desserts



10 Days Detoxification for Weight Loss and Immunity Boosting  
ADISH Books



## Synopsis

Instant, Effective and Homemade solutions for health, home and tasty food Solving hundreds of problems related to Home cleaning, Stain, Rust, Skin and Hair care Along with mouth watering Vegetarian recipes Lemon is the best and sometimes the only answer to many big problems and the cost is minuscule if compared to its qualities. Once you started using it to its optimum use, it is guaranteed that it will become the integral part of your household and the ever present member of your kitchen The lemon fruit is a hybrid of sour orange and citron. It grows on a small evergreen tree that is native to Asia, but is cultivated throughout many parts of the world. Lemons are primarily used for their juice, which is about 5% citric acid with a sour taste. In this book you will find multiple uses of lemon in different walks of your life.

**Medicinal Uses:** This Book describes the miraculous properties of the Lemon for curing various common and critical illnesses.

- Diabetes
- Osteoporosis
- Insomnia
- Immunity Boosting
- Cough and Cold
- Travel Sickness
- Acne
- Heartburn
- Detoxification
- Weight Loss

**Beauty Care:** Lemon is an amazing fruit for Beauty Care because of its constituting molecules. By this book you will understand how to make Natural Homemade and Effective beauty care products.

-In this book you will find Recipes for

- Scrubs
- Face Mask
- Toner
- Skin Softener
- Foot Soak
- Bath Soak
- Dandruff Cure

and much more

**House and laundry Cleaning:** Lemon will prove it to be a star warrior when it comes to cruised against Dirt, Dust, Stains, Spots and Rust etc. Lemon has hundreds of uses so far as cleaning is concern some of them are

- Window
- Metal
- Microwave
- Furniture

etc. Cleaner

- Sanitizer
- Deodorizer
- Fragrance
- Insect Repellant
- Removing Rust from Cloths
- Bleaching White Cloths

and much more

**Cooking Recipes:** When it comes to cooking you will be quite surprise to know that how some of your old dishes become tastier after including the lemon as one of its ingredients. The sour taste of Lemon adds the stars to any food and you will find variety of recipes for

- Lemonade
- Vegan
- Curd
- Cookies
- Cakes
- Desserts

And You will also find a well proven 10 days Master Cleanse Lemon Detoxification Plan for Weight Loss and Immunity Boosting

Download now and get benefited from the wonder virtues of this small sized, big gift of nature

**\*LEMON: A SMALL, INNOCENT LOOKING, OVAL SHAPED YELLOW FRUIT CAN DO WONDERS FOR YOU**

\*Scroll to the top of the page and select the buy button

## Book Information

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## **Customer Reviews**

I love lemons and I love using natural cleaners of all kinds but I was not too impressed by this book. The author seems to be adding- on lemon to many very basic and well-known cleaning recipes where cheap, white vinegar would probably work just as well or even better. One in particular that caught my attention was for: Unclogging a Drain:baking soda, 8 OUNCES of lemon juice and boiling water. That's a LOT of lemon juice to waste on a drain! Again, white vinegar would work just as well or better for this problem. I've used vinegar and baking soda in drains for many years but would never waste lemon juice like this. Makes no sense. Some of the other suggestions are ok but most I've read somewhere else before. Deleted from my Kindle already.

The book was well written and informative. The discussion of uses for lemons followed by recipes and ingredients for personal care products using lemons is phenomenal. I would suggest this book for anyone seeking new ideas for healthy living.

I cannot begin to tell you how beneficial this book is. I have a warm glass of water with 1/2 organic lemon or 3 drops of young living lemon oil every morning. helps detoxify the liver. I put it in my laundry, on my skin, my nails, to clean my wooden floors. The recipes are just fantastic and endless.

I love lemons and this book offers great ideas for freshening home and laundry items, however,

fresh squeezed lemons are just too expensive to use as a cleaning agent. Vinegar is so much cheaper. As for the recipes, most of them call for large amounts of sugar, butter or eggs. I expected healthier recipes, especially if a section is dedicated to diet detoxing.

This book was informative and an excellent read. Great recipes for skin care, hair care, cooking and body detoxification. Wow Lemon is so useful, i was not aware before reading this book.

There is a basic history and overview at the beginning. It's brief -- and then the book is divided into different categories (uses in food, drinks, household cleaning, etc). There are plenty of recipes in each category. The author keeps things simple. It's super easy to follow. I consider that the best thing about the book. Personally, the simplicity of it makes me want to experiment beyond the hair care and drink recipes that made me want to buy this book in the first place. Definitely interesting, and a nice thing to have around the house. Especially for those looking for alternatives to chemical based cleaning.

I am switching from tea tree oil products to lemon and hydrogen peroxide and vinegars. I have found this book to be very helpful and still assist me in keeping the allergies away.

Informative and a delight to read. I have always been a fan of lemons. It is such a clean crisp smell. Just never knew there were so many other uses for lemons. I will be trying quite a few of the uses given in this book, including the cooking recipes. The one that stood out for me was using lemon juice and water on your white clothes instead of bleach. Anything that is an alternative to using chemicals sold me.

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